



## Brighton Mitre Cycling Club (1894 – 2021)

### President – Robin Johnson

The October Hill Climbs, promoted for and on behalf of Cycling Time Trials under its rules and regulations on Saturday 9th October 2021.

**AM: Course GH/92, Steyning Bostal, Steyning, West Sussex, 0.95 miles long.**

#### Course Records:

Category	Name	Time	Year
Men:	Lukas Nerurkar,	3.54.2	2020
Women:	Alice Lethbridge,	4.55.3	2020
Vets:	Peter Tadros	3.55.7	2010
Junior	Lukas Nerurkar,	3.54.2	2020
Juvenile	George Harvey	4.41.3	2020

START (Map ref.TQ178106, O.S. Landranger Map 198) in Bostal Road, Steyning.

42 yards west of junction with Clays Hill and 7 yards West of blue sign,

"Single track road with passing places". Proceed up Bostal Road, past junction with Newham Lane to FINISH at top of hill opposite South Downs Way wooden footpath sign and 34 yards past "Steep hill" sign for descending traffic, (TQ 166100).

Start:220ft above sea level: steepest at 17%. Finish: 500ft above sea level.

HQ; The Steyning Centre, Church Street, Steyning BN44 3XZ

Go into Steyning and follow sign at mini roundabout (left coming from the North0.

Turn right opposite Steyning's 12th Century church into large car park.

**Please note the HQ room is open from 10.15 but Brighton Mitre members will be on hand to look after any belongings and bring them inside.**

HQ to start: 0.64 miles - back to mini roundabout, left the 3rd road on right.

After finishing, retrace downhill and please take first left, Newham Lane, to avoid impeding ascending riders. At end of road, go straight on at T-junction, then right at nest T-junction to mini roundabout where 1st left to HQ.

Finish to HQ: 1.48 miles.

#### BOTH EVENTS:

1) NUMBERS at HQ's only: please sign on at each HQ to collect yours. Please return your number and sign out. Don't forget to return your number!

2) TIMEKEEPERS – at start, Robin Johnson (BMCC). At finish Richard Meed (Lewes Wanderers)

3) LONDON SOUTH DC regulation - no vehicle, except those of the timekeepers and race officials shall park in the vicinity of the start and finish area.

4) In the interests of safety, Cycling Time Trials and the event promoters strongly advise you wear a HARD SHELL HELMET that meets an internationally accepted standard.

C.T.T. regulations require **compulsory use of helmets** for the under 18's.

5) COMPETITORS MACHINES: It is a **mandatory regulation** that a working rear light, either

flashing or constant is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

**No light = No start**

## **P.M Course, GH/94, Mill Hill, Shoreham-by-Sea, West Sussex, 2.66 miles long.**

Course Records

<b>Category</b>	<b>Name</b>	<b>Time</b>	<b>Year</b>
Men	Jonathon Dayus	7:18.5	2005
Women	Alice Lethbridge	8.41.7	2020
Vets	Tejvan Pettinger	8.21.4	2006
Junior	Lukas Nerurkar	7.37.0	2020
Juvenile	George Harvey	8.29.9	2020

START (Map ref. TQ212068, OS Landranger Map no. 198) on Mill Hill, Shoreham -by-Sea, immediately north of cattle grid, at northern edge of first car park, 280 yards north of bridge over A27. Climb past New Erringham Farm and South Downs Way car park to FINISH 0.81 mile after sharp right-hand bend, at third remaining fence post on left hand side of road, 76 yards before end of metalled road, (TQ217103)

Start 250ft above sea level, steepest at 9%. Finish 600ft above sea level. Total climbing: 426ft.

HQ; A **virtual** HQ for sign on will be operating near the toilets on the south-eastern corner of Buckingham Park, Upper Shoreham Road, Shoreham-by-Sea, BN43 6PE.

Parking will be available near the park. (Sorry it's virtual – our usual HQ is used a playgroup and they are reluctant to use it for other event).

HQ to Start 1.15 mile - left on to Old Shoreham Road westwards.

Take 5th road on right, signposted "Mill Hill 1, Youth Hostel 3", and then 2nd right, across bridge to start at north side of first car park.

After the start, keep well over to the left and beware of any cars coming down, as drivers often appear reluctant to slow and pull over.

CATTLE GRIDS - since 2005, two have been installed. One is immediately before the start and the second is after 0.52 miles, at the top of the first hill.

### **PRIZES Men's (each event)**

FIRST - £60

2nd - £35

3rd - £35

4th - £15

### **PRIZES Women's (each event)**

FIRST - £60

2nd - £35

3rd - £25

4<sup>th</sup> - £15

First team - £25 each

FIRST Junior £25

Very grateful thanks to all entrants, as without you, we would have no event  
 EVENT Secretary- Paul Griffin, 23A Cambridge Grove, BN3 3ED. Tel: 07747 424647

## Steyning Bostal AM HILL CLIMB START SHEET

Number	Start Time	Name		Club	Gender	Category
1	11:01:00	Rachel	Carless	Brighton Mitre CC	Female	Veteran
2	11:02:00	Peter	Kilby	Lewes Wanderers CC	Male	Veteran
3	11:03:00	Edward	Tuckley	Lewes Wanderers CC	Male	Senior
4	11:04:00	Cathy	Wallace	Brighton Mitre CC	Female	Veteran
5	11:05:00	Graham	Winstanley	Sussex Revolution Velo Club	Male	Veteran
6	11:06:00	Joe	Benians	Lewes Wanderers CC	Male	Senior
7	11:07:00	Jack	Smith	Brighton Mitre CC	Male	Senior
8	11:08:00	Chris	Carroll	Velo Club Godalming & Haslemere	Male	Senior
9	11:09:00	Liz	Halliday	Sussex Nomads CC	Female	Veteran
10	11:10:00	Cris	Coxon	Brighton Mitre CC	Male	Veteran
11	11:11:00	David	Pompairac	Neighbourhood Brighton CC	Male	Senior
12	11:12:00	Tony	Reeves	GS Stella	Male	Veteran
13	11:13:00	Peter	Baker	Lewes Wanderers CC	Male	Veteran
14	11:14:00	Maria	David	Serpentine Running Club	Female	Veteran
15	11:15:00	Paul	Newsome	Project 51	Male	Senior
16	11:16:00	Bethan	Male	Neighbourhood Brighton CC	Female	Senior
17	11:17:00	Kate	Palmer	1904RT	Female	Senior
18	11:18:00	Edd	Saunders	Neighbourhood Brighton CC	Male	Senior
19	11:19:00	Chris	Down	Brighton Mitre CC	Male	Senior
20	11:20:20	Marc	Dunn	Woolwich CC	Male	Senior
21	11:21:00	Roger	Smith	Team TMC	Male	Veteran
22	11:22:00	Jonathan	Vickers	Blazing Saddles	Male	Junior
23	11:23:00	Olivia	Webb	Eastbourne Rovers CC	Female	Veteran
24	11:24:00	Peter	Adams	Tri Surrey	Male	Veteran
25	11:25:00	Andrej	Horvath	Brighton Mitre CC	Male	Senior
26	11:26:00	John	Blight	Rapha Cycling Club	Male	Senior
27	11:27:00	Thomas	Clayton	Fareham Wheelers CC	Male	Senior
28	11:28:00	Robb	Cunningham	Brighton Mitre CC	Male	Veteran
29	11:29:00	Tom	Goddard	Tuff Fitty Tri Club	Male	Senior
30	11:30:00	Ashley	Dennis	Things That	Male	Senior
31	11:31:00	Daniel	Goodwin	trainSharp Development Team	Male	Junior
32	11:32:00	Peter	Hitt	Stolen Goat Race Team	Male	Senior
33	11:33:00	Oliver	Hurdle	Stolen Goat Race Team	Male	Espoir
34	11:34:00	Elliott	Joseph	Watford Velo Sport	Male	Senior
35	11:35:00	Thomas	Willan	East London Velo	Male	Senior
36	11:36:00	Joe	Mellor	Neighbourhood Brighton CC	Male	Espoir
37	11:37:00	Steve	Rees-Clark	Vredestein Basso RT	Male	Senior
38	11:38:00	Angus	Peters	Brighton Triathlon Club	Male	Senior
39	11:39:00	Graham	Rees	Sussex Nomads CC	Male	Veteran
40	11:40:00	Matt	Sumpton	Dulwich Paragon CC	Male	Senior
41	11:41:00	David	Ross	LFGSS CC	Male	Senior
42	11:42:00	Michael	Sleeman	Horsham Cycling	Male	Senior
43	11:43:00	James	Trigg	Redhill CC	Male	Veteran
44	11:44:00	James	Vanieris	Racing Club Ravenna	Male	Senior
45	11:45:00	Richard	Cartland	HuntBikeWheels.com	Male	Veteran
46	11:46:00	Ben	McKie	VC de Londres	Male	Senior
47	11:47:00	Andrea	McCarthy	Vredestein Basso RT	Female	Senior
48	11:49:00	Todd	Oates	Kendal Cycle Club	Male	Senior

## Mill Hill PM HILL CLIMB START SHEET

Race Number	Start time	Name		Club	Gender	Category
1	14:31:00	Robb	Cunningham	Brighton Mitre CC	Male	Veteran
2	14:32:00	Peter	Baker	Lewes Wanderers CC	Male	Veteran

3	14:33:00	Paul	Barnard	Precise Performance RT	Male	Senior
4	14:34:00	Liz	Halliday	Sussex Nomads CC	Female	Veteran
5	14:35:00	Jack	Smith	Brighton Mitre CC	Male	Senior
6	14:36:00	Kate	Palmer	1904RT	Female	Senior
7	14:37:00	Maria	David	Serpentine Running Club	Female	Veteran
8	14:38:00	Piers	Hazलगrove	Adalta Cycling Club	Male	Senior
9	14:39:00	Oliver	Hurdle	Stolen Goat Race Team	Male	Espoir
10	14:40:00	David	Ross	LFGSS CC	Male	Senior
11	14:41:00	Joe	Benians	Lewes Wanderers CC	Male	Senior
12	14:42:00	Arran	Horton	Hub Velo	Male	Senior
13	14:43:00	Michael	Sleeman	Horsham Cycling	Male	Senior
14	14:44:00	Peter	Kilby	Lewes Wanderers CC	Male	Veteran
15	14:45:00	Tony	Reeves	GS Stella	Male	Veteran
16	14:46:00	David	Pompairac	Neighbourhood Brighton CC	Male	Senior
17	14:47:00	Graham	Winstanley	Sussex Revolution Velo Club	Male	Veteran
18	14:48:00	Olivia	Webb	Eastbourne Rovers CC	Female	Veteran
19	14:49:00	Justine	Ridgway	Audax UK	Female	Veteran
20	14:50:00	Paul	Newsome	Project 51	Male	Senior
21	14:51:00	Marc	Dunn	Woolwich CC	Male	Senior
22	14:52:00	John	Blight	Rapha Cycling Club	Male	Senior
23	14:53:00	Daniel	Goodwin	trainSharp Development Team	Male	Junior
24	14:54:00	Andrea	McCarthy	Vredestein Basso RT	Female	Senior
25	14:55:00	Richard	Cartland	HuntBikeWheels.com	Male	Veteran
26	14:56:00	Scott	Bartha	Brighton Excelsior CC	Male	Veteran
27	14:57:00	Elliott	Joseph	Watford Velo Sport	Male	Senior
28	14:58:00	Bethan	Male	Neighbourhood Brighton CC	Female	Senior
29	14:59:00	Judith	Matthews	Brighton Mitre CC	Female	Veteran
30	15:00:00	Matt	Sumpton	Dulwich Paragon CC	Male	Senior
31	15:01:00	Todd	Oates	Kendal Cycle Club	Male	Senior
32	15:02:00	Angus	Peters	Brighton Triathlon Club	Male	Senior
33	15:03:00	James	Trigg	Redhill CC	Male	Veteran
34	15:04:00	Cathy	Wallace	Brighton Mitre CC	Female	Veteran
35	15:05:00	Steve	Rees-Clark	Vredestein Basso RT	Male	Senior